

**2012 APPLICATION**

Please Print Clearly

Name \_\_\_\_\_  
First Last

Age \_\_\_\_\_ Sex: M F Wheelchair entrant \_\_\_\_\_

Daytime phone \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_

State/Zip \_\_\_\_\_

EMAIL Address \_\_\_\_\_

Checks Payable to: NHT - LI Check # \_\_\_\_\_

**Mandatory Release Form**

I know that running a road race is a potentially hazardous activity and I assume all risks associated with running in this event, including but not limited to change in running surfaces, falls, contact with other participants or spectators, the effect of weather including heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Therefore, in consideration of your accepting this entry, I, the undersigned, intending to be legally bound hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the State Park Summer Run Series, New York State Office of Parks, Recreation and Historic Preservation, the Natural Heritage Trust, Newsday, WBAB Radio Station, Super Runners Shop, New Living Newspaper, WBLI Radio Station, Newsday.com, J&B Restaurant Partners, Dover Caterers, Odwalla, Massapequa Road Runners, Finish Line Road Race Technicians and their representatives, successors and assigns for any and all injuries suffered by me in said event and all claim for liabilities of any kind arising out of my participation in this event though liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. I attest and verify that I will participate in this event as a foot-race entrant and that I am physically fit and have sufficiently trained for the competition of this event and that my physical conditions has been verified by a licensed medical doctor. Further, I grant full permission to any and all of foregoing to use any photographs, video tapes, motion pictures, recordings or other records of this event for any legal purpose whatsoever. In the event that an act of God necessitates the cancellation of the race, I understand that the sole responsibility of the race will be to provide a free race t-shirt for pick up at a time and place that will be announced. Athletes who participate in this competition may be subject to formal drug testing in accordance with TAC rules and IAFF Rule 55. Any athlete found positive for banned substances, or who refuses to be tested, will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Drug Hot Line at 800-233-0393.

SIGNATURE \_\_\_\_\_

All runners must sign this release.

(If you are under 18, a parent or guardian must sign for you.)

**DRAWING COUPON**  
(please print clearly)

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**SUMMER RUN SERIES SCHEDULE**

- # 6/11 Heckscher .....5 miles
- # 6/18 Sunken Meadow ..... 10 K
- 6/25 Bethpage .....5 K  
*(carpooling recommended)*
- 7/9 Caumsett .....5 K  
*(carpooling recommended)*
- # 7/16 Hempstead Lake ..... 4 K
- # 7/23 Belmont Lake .....5 K
- # 7/30 Robert Moses .....5 K
- 8/6 Jones Beach ..... 5 miles  
(Field 5 Zachs Bay)

**Races begin promptly at 7 PM**

- # Grand Prix Races
- Wheelchair Accessible Races

Please arrive **EARLY** to avoid traffic. Some park roads will be closed prior to 7 PM for preparation of race course. Late arrivals may have difficulty in reaching the starting line in time for the start of the race.

**Absolutely No Baby Joggers Are Permitted!**

**NEW REGISTRATION FOR 2012**

**TIER I REGISTRATION**

- \* Includes all 8 races
- \* All applications postmarked April 1- May 16, 2012 will be placed in Tier I
- \* Must be postmarked by May 16, 2012
- \* **The race committee reserves the right to limit entries into Tier I, if needed.**

**TIER II REGISTRATION**

- \* Includes 4 races only: Heckscher, Sunken Meadow, Robert Moses, Jones Beach
- \* Available only After May 16, all applications postmarked May 17- May 31, 2012 will be placed in Tier II
- \* Must be postmarked by May 31, 2012

**MISSED THE MAIL- IN DEADLINE?**

You can register in person for Tier II ONLY June 5 - June 9 during packet pickup dates and times.

**By mail to:** Summer Run Series  
P.O. Box 247  
Babylon NY 11702

**In Person at:**  
Long Island State Park Headquarters  
Belmont Ave. EXIT 37N So.StatePkwy.  
Babylon, Room 132  
**weekdays 9am-5pm**

**Online:**

**THERE WILL BE NO DAY OF RACE REGISTRATION THIS YEAR**

**Entry Fees**

**TIER I:** April 1st – May 16th  
Individual Registration - \$60  
Group Discount Registration - \$55  
( 25 or more applications submitted at one time)  
Individual Wheelchair racers - \$45  
(4 accessible races-see schedule)

**TIER II:** May 17th – May 31  
Individual registration \$45

**Make Checks Payable to: NHT - LI NO REFUNDS**

**NUMBER/RACE TIMING TAG PICKUP DATES & TIMES**

Tuesday, June 5 - Friday, June 8  
9:00 AM - 7:00 PM  
Saturday, June 9  
10:00 AM - 2:00 PM  
Group pickup starts Wed., June 6  
at  
**Long Island State Park Headquarters**  
Belmont Avenue, Exit 37N

In order to save time on race day, registration pick up will ONLY take place at State Park Headquarters. Therefore you MUST pick up your shirt, number and timing tag prior to the first race.

**RACE TIMING TAG AND NUMBERS -**

You will receive a Chronotrack timing tag and running number. You must wear the tag and the number assigned to you to receive the correct results. Race crew is not responsible for error due to wearing incorrect timing tags and/or numbers. Tier II Numbers are not valid for Bethpage, Caumsett, Hempstead Lake and Belmont Lake races.

**Saratoga Springs Here We Come!!**  
Weekend of fun and excitement for 2 at the beautiful Gideon Putnam Hotel, the Garden City Hotel of the North, to be held November 2012.

**Two Ways To Win !!**

1. Special Weekly drawings for trips - all registrants are eligible. You must be present to win.
2. Grand Prix Point winners - trips will be presented to the first five OVERALL male and female series winners. This is determined by a per race point system based on age category and bonus points.

A person may win a trip either through the Grand Prix points or the raffle.  
**Not Both! One trip per person only!**

**Timing:**  
By Finish Line Road Race Technicians using Chronotrack Timing System. All runners' times will be recorded and posted following each race. Information on Chronotrack can be found at [www.FLRRT.com](http://www.FLRRT.com)

For additional information please call  
(631) 321-3510  
weekdays, 9 AM - 5 PM

**Awards:**

Medals will be presented to the first three male and female finishers per race, per age category.

**\*Age Categories:**

0-12, 13-15, 16-20, 21-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ and wheelchair.

\*Age recorded at time of registration; must remain the same during entire series regardless of birthday

**Grand Prix:**

The results of 5 races ONLY will be counted towards the Grand Prix totals.  
(Must be in Tier 1 to qualify)

**T-shirts and Magnets:**

To all participants

**Refreshments:**

Beverages, snack foods and water will be distributed after all races.

A special thank you to the Massapequa Road Runners Club for all their assistance in making the Summer Run Series a success.



**Corporate Contributors:**

