Eileen J. Goggin

Scott J. Mandel

City Manager
Jack Schnirman



Assistant Superintendent of Parks and Recreation Paul Ferrante

### DEPARTMENT OF PARKS AND RECREATION

### THE 39th ANNUAL

## **CITY MANAGER'S 10 MILE RACE TO REMEMBER**

# **Those Who Made The Supreme Sacrifice**

Dedicated to the memory of race founder Ralph Kaplan

**SUNDAY, MAY 24, 2015 - 8:00 A.M.** 



**REGISTRATION**: Early Registration \$25.00 before Friday, May 22, 2015 at 4:00 p.m.

Late Registration \$30.00 day of race from 6:30 a.m. -7:30 a.m.

at the Recreation Center Parking Lot (next to Recreation Center, 700 Magnolia Blvd).

#### REGISTER ONLINE WWW.ACTIVE.COM

**SEND** Long Beach City Manager's Trophy Run **ENTRIES TO**: Long Beach Recreation Department

700 Magnolia Boulevard

Long Beach, NY 11561 (Payable to City of Long Beach)

**COURSE:** Accurately measured 10 mile, flat & fast course (entire course will be posted at

www.longbeachny.gov/rec) Start at West Park Avenue & Magnolia Blvd & finish at Magnolia Blvd & the Bay Race timing by FINISH LINE Road Race Technicians.

**AWARDS**: Awards to the first four male and female winners in each age category: 14 & under,

15 - 19, 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59,

60-64, 65-69, 70-74, 75-79, 80+; first overall male & female finishers; first Long Beach male & female finishers; first in wheelchair division and first male & female

Active Military/Veteran finishers.

AMOUNT PAID

**T-SHIRTS:** Will be given to all registrants at number pick up on DAY OF RACE beginning at

6:30 a.m. in the Recreation Center Parking Lot, 700 Magnolia Blvd.



For information or applications visit <a href="https://www.longbeachny.gov/rec">www.longbeachny.gov/rec</a> or call the Rec Center (516) 431-3890.

The next race will be Fabulous 4<sup>th</sup> Race in Memory of Sean Ryan on Saturday. July4th

IONG ISLAND
TRACK & FIELD

Grand Prix
Series

ITY	MANA	GER'S	<b>RUN</b>	2015

RECEIPT #

PLEASE PRINT CLEARLY

>> PUT TELEPHONE NUMBER ON CHECK<</p>
v. for myself, my heirs, executors and administrators, waive

STAFF

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the City of Long Beach, Long Beach Recreation Department, their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and sufficiently trained for the completion of this I0-MILE Run and my physical condition has been verified by a licensed medical doctor.

	V I V	•		
PRINT NAME _			M F	
ADDRESS				
CITY	STATE	ZIP	TEL. #	
AGE on 5/24 _	D.O.B	_ WHEELCH	AIR USER: YES (circle)	VETERAN: YES (circle)
E-MAIL		SI	HIRT SIZE (circle one) S,	M , L, XL, XXL YM YL
SIGNATURE		PARENT	SIGNATURE	
			(If unde	r 17 years of age)
FOR RECREATION DE	EPT. USE ONLY			

DATE