

This Race is held for the benefit of Memorial Sloan- Kettering Cancer Center - Pediatric Dept.

DATE, TIME & LOCATION:

May 18, 2014 Race Starts at 10 AM. On Victory Field Track at Forest Park Dr. Woodhaven Blvd. and Myrtle Ave. Race day Registration and check in at Victory Field Track at 7:45 AM.

ENTRY FEE:

Pre-entry postmarked by Monday, May 12, 2014 \$20.00. Online till May 17 Race day entries \$25.00 until 9:45AM.

SPONSORS:

Beat the Clock Printing Ridgewood Savings Bank Stop & Shop, Forest Hills Top Choice Landscaping Ohlert-Ruggiere, Inc.

Not Permitted: Strollers, Baby Joggers, Roller blades, Skates, Skateboards, Bicycles and Pets.

THE FOREST PARK CLASSIC 4 Mile Road and Trail Race Sunday May 18, 2014 10:00 AM - Rain or Shine

CHECK OUT OUR WEBSITE:

www.forestparkrunners.org Get race results, race photos, downloadable application and online registration-www.active.com

COURSE:

4 mile out and back loop through and around the beautiful trails and roads of Forest Park. Start and finish on the track at Victory Field. Splits at 1 mile, 2 and 3 mile points. Multiple water stops along the course. Baggage check in.

<u>PARKING</u>: Band Shell Parking Lot & Local Streets.

REFRESHMENTS FOR

ALL RUNNERS: Bagels, Apples, Bananas & Gatorade.

Grimaldis Home of Bread McDonalds of Glendale Astoria Bank, Glendale Sonny's Collision Cross-Fire Security, Co, Inc.

AWARDS & TROPHIES:

\$100.00 <u>CASH</u> to the <u>First</u> male and female Overall Winner.
\$75.00 to the 2nd overall male and female.
\$50.00 to the 3rd overall male and female.

TROPHY AWARDS: To the top 3 Male & Female in the following age groups: 14 and under, 15 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, 60 to 69, 70 and over. No duplication of awards.

RAFFLE:

Gifts and gift certificates will be raffled off at the end of the race. Winners must be present to receive the gift.

TECH-SHIRT: Guaranteed to present preentrants. Race day entrees while supplies last.

For further information call The Forest Park Runners Club: Frank Gallo (718) 296-4015 e-mail: fgallo813@verizon.net

Spyros Tsoumpariotis, DPM Podiatrist Staples, Metropolitan Ave. Queens State Farm, Robert Larson Woodhaven ST. Anne's #2429 Knight of Columbus Maspeth Federal Savings

<u>B-Tag Timing</u>: By Finish Line Road Race

Technicians. David Katz Race results at www.flrrt.com

<u>Make checks payable and mail to:</u> Forest Park Runners Club P.O. Box 210321 Woodhaven, N.Y. 11421	T-Shirt (Circle One)	May 18, 2014	Official use only	y .	
	S M L XL				
Last Name (Please Print)	First Name	Age	Sex	Date of Birth	
Street Address	City	Si	State		
E-Mail Address	Running Club		Ph	Phone	

In consideration of the foregoing, I the undersigned, for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for damages I have against the Forest Park Runners Club, the City of New York Parks & Recreation, and the above named sponsors and any and all sponsors, their representatives and successors, as a result of my participation in the Forest Park Classic 4 mile Road & Trail Race. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to use any photographs, motion pictures, video tape, recordings, or any other record of the event for any legitimate purpose.

